

LJ&A provides employment services to job seekers experiencing barriers to employment in Minnesota. LJ&A is a contracted community rehabilitation services provider for the State of MN, Department of Employment and Economic Development, and a licensed 245d provider for the MN Department of Human Services.

POST-SECONDARY COUNSELING

Learn about schools, trainings, courses and supports available to you including financial aid, how to get books, choose classes, and career options.

JOB COACHING

Helps you learn your jobs, complete new hire paperwork and orientation, modifying the work environment, and develop natural supports.

- *Job Placement and Work Experience:* Find work for short or long-term employment.
- *Introductory Work Options:* Informational Interviews, Job Shadows, Labor Market Research, Workplace Tours
- *Benefits Assistance:* Understand the impact of earnings on benefits and steps to report earnings.

WE HAVE MULTIPLE TEAM
RESOURCE SPECIALISTS
TO HELP YOU ACHIEVE
YOUR GOALS!

SKILL BUILDING

ALL OF OUR SERVICES
CAN BE VIRTUAL!



Independent Living Skills: Resume development, interview assistance, details about jobs and locations and assistance locating options for transportation.

Self-Advocacy: Learn about your disability and its' impact, as well as how to request services and supports.

Social Coaching: Assistance to develop your communication skills, presentation skills, and read social cues.

